

BREAKFAST FAVOURITES

ENERGIZERS	24
Banana & passion fruit, berry or mango	
VEGETABLE HEALTH DRINKS	24
Carrot & apple	
Celery, apple, lime & mint	
CHILLED JUICES	24
Orange, grapefruit, pineapple, water or sweet melon, papaya, apple, mixed fruits, carrot, tomato	
FRUITS & CEREALS	
*Gourmandises' muesli	15
Porridge with banana & honey	12
Fruit salad with organic yoghurt	12
*Yoghurt breakfast trifle with choice of peach & apricot, rhubarb & raspberry, blueberry & blackberry	12
Natural yoghurt with honey	12
Your choice of fresh fruits : banana, sweet melon, papaya, pineapple, watermelon	15
FROM OUR BAKERY	
White, multi-grain or whole wheat toast served with preserves	19
Basket of selected breakfast breads	23
Homemade croissants with preserves	(per piece) 3
Ham cheese & tomato croissant	18
Roast tomato & pesto	15
Tomato, mozzarella & basil focaccia	18
Danish pastries, brioche, doughnuts or pain-au-chocolat	(per piece) 3
SPECIALITIES	
Baked beans with crisp Turkish sausage (ask and we'll add an egg)	15
Scrambled egg with spinach, fetta & grilled Turkish bread	23
"Fry up" scrambled egg, sliced veal, chicken sausage, hashbrown, grilled tomato & toast	31
"American style" pancakes with either banana, blueberry or strawberry	22

* Contains nuts or nut products

** Contains pork

"Gourmandises is a fully non-smoking environment as per the directives of Dubai Municipality"

All prices are inclusive of 10% service charge & 10% municipality fees.

**"Butcher's start" cheese sausage, smokey bacon, baked beans, grilled mushroom & poached egg	31
Two eggs "any style" with grilled tomato & toast	24
Omelette with choice of ham, mushrooms, tomato & cheese	31
French toast with grilled banana & organic yoghurt	22

Side Orders

Crispy veal bacon, hashbrowns, tomato, mushrooms, chipolatas baked beans, fowl madames	12
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EXPRESS BREAKFAST

CONTINENTAL	45
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JEAN-GEORGE EYE OPENER OF THE DAY

Yoghurt breakfast trifle: choose either apricot & peach,
rhubarb & raspberry, blueberry & blackberry

or

Fruit salad with organic yoghurt

or

A glass of chilled fruit or vegetable juice:
orange, pineapple, grapefruit, apple, mixed fruit, carrot or tomato

A basket of homemade croissants, rolls, Danish pastries, muffins &
pumpkin bread with tomato confit with farmhouse butter, marmalade,
jam & wild flower honey

Freshly brewed coffee, tea or hot chocolate

MERIDIEN	55
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Your choice of the above items from Continental Breakfast

"Fry-up" scrambled egg, veal bacon, chicken sausage,
hasbrown, grilled tomato, toast

or

Eggs Gourmandises: two poached eggs on toast with turkey ham,
spinach & Hollandaise sauce

Freshly brewed coffee, tea or hot chocolate

ORIENTAL	45
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A glass of chilled fruit or vegetable juice:
orange, pineapple, grapefruit, apple, mixed fruit, carrot or tomato

Mezzeh and cheese

Hummus, moutabel, labneh with mint, haloumi & feta cheese,
tomato, cucumber, olives served with Arabic bread

Freshly brewed coffee, Turkish coffee or tea

DISCOUNT CARDS ARE NOT APPLICABLE

Please note that our menu is also available in French language.
All prices are inclusive of 10% service charge & 10% municipality fees.