

APPETIZERS

Lebanese Mezza 4.500

selection of hummus, mutable, tabouleh, stuffed vine leaves, ki bbeh and oriental cheese samboosa

Scottish Smoked Salmon 5.900

with horse radish cream& toasted bread

Creole Seafood Salad 8.900

shrimps, squids, octopus, Cuttle fish, hammour
with Creole dressing accompanied with garlic baguette

Safir Shrimps 6.900

marinated shrimps on a bed of Avocado salad and galipso sauce

Slim and Trim 4.200

grilled capsicum and zucchini topped with baked feta cheese
accompanied with fruity dressing

SALAD

The Sheraton Mixed Salad 3.200

assorted greens, cucumber, cherry tomatoes, Mushroom,
celery, radish with balsamic dressing.

Caesar Salad 4.900

romaine lettuce with chefs Caesar dressing foccacia croutons,
shredded parmesan & anchovy fillet

Caesar Salad with grilled chicken breast 6.900

Caesar with 4pcs of gulf prawns 6.900

Salad Provencale 5.900

ruccola salad topped with grilled sesame goat cheese crust

Salad Capresse 6.900

buffalo mozzarella, plum tomatoes topped basil balsamic dressing

Weight Watcher Fantasy 4.900

local jarjir, mint, cucumber, cherry tomato, lemon olive oil dressing
topped with cottage cheese and Smoked salmon

SOUP

Soup of the day 2.900

Shorba Adas 2.900

arabic yellow lentil soup with turmeric cumin flavored

Fresh Mushroom Cream Soup 2.900

Fresh Tomato Soup 2.900

with garlic croutons

Manama Seafood Soup 5.500

shrimps, squids, fish and mussels clear broth with saffron

Grand Mother's Chicken Soup 3.900

Home made chicken broth with chicken, vegetable and egg noodles

SANDWICHES AND BURGERS

Sheraton Club House 4.900

Triple decker sandwich with lettuce, tomato, smoked turkey Swiss cheese, veal ham, egg, veal bacon, served with coleslaw, dill pickle French fries

Chicken Sandwich Baked 4.200

Toasted ciabata, lettuce, tomato, grilled chicken breast sautéed mushroom Swiss cheese

Tuna Sandwich 4.200

Pita bread with lettuce, tomato, tuna salad topped with boiled eggs

Sandwich of Your Choice 3.900

White bread, brown bread, French baguette

Choice of filling: turkey ham, Swiss cheese, tuna, roast beef, chicken mortadella, ham cheese, served with lettuce & tomatoes

Chiabata Milano 5.900

Toasted tomato ciabata topped with lettuce and green zucchini, breasola, , with shaved parmesan

Burger of Your Choice 5.500

8 ounce beef or chicken burger topped with cheese or bacon, pineapple and cheese or bacon and fried eggs

PASTA

Spaghetti, Penne, Egg fettuccini 4.900

Served with choice of bolognaise, Napolitano, gorgonzola or pesto sauce

Ravioli Florentine 4.900

Spinach & cheese ravioli in a tomato basil sauce

Penne Diablo 5.900

Spicy tomato pesto with shrimps

VEGETARIAN

Palak paneer 4.500

Home made cottage cheese simmered in rich spinach gravy

Vegetable Cutlets 3.900

Served with mint chutney

Vegetable Shahi Korma 4.900

Penne Arabiatta 4.500

Stir Fried Vegetables in Soya Sauce 4.900

FROM THE SEA WATER AROUND BAHRAIN

Pan Fried Hammour Fillet Meuniere 7.900

Grilled Fillet of Chanad 5.900

with coriander butter

Grilled Jumbo Shrimps with Garlic Pesto Sauce (12 pcs) 8.900

Fried Butterfly Shrimps (12 pcs) 8.900

Safir's Seafood Special 9.200

pan fried hammour fillet, shrimps, chanad, calamari topped with lemon butter garlic coriander

Chef's special recommendation

Grilled salmon steak Orange sabayon 9.900

On sautéed spinach & new dill potatoes

Fish fillet Orly 7.900

Deep fried hamour fillet with tartar sauce

French fries

Chicken quesadillas with guacamole, salsa, & sour cream 6.900

Veal escalope vianaise 9.900

Pan fried veal schnitzel with mixed salad

Choice of Biryanies 5.900

Shrimps, chicken, lamb or vegetable

Chicken tikka masala 5.900

Indian curry of the day 5.900

Fish, chicken, lamb, or vegetable

Bami Goreng 6.900

Stir-fried noodles with shrimps and chicken

From the grill

U S Beef Fillet 220 g

U S Rib Eye Steak 220g

U S Beef Striploin 300g

U S T -bone steak 450g

New Zealand Grilled lamb chops 240g 6.900

Grilled half Boneless Chicken 6.900

Seasoned with garlic and herbs

Surf & Turf 8.900

120g Beef fillet & shrimps 6pcs

Oriental Mixed Grill 7.500

(kofta, shish taouk, lamb kebab and lamb chops)

All above grilled items are accompanied with

Steamed market vegetable

Baked potatoes, French fries or rice

Madagascar pepper sauce, mushroom sauce or béarnaise sauce

DESSERT

Dark and White Chocolate Mousse 2.800

Crème Brouilly 2.800

Cheese Cake 2.800

Assorted Ice Cream and Sorbets 2.800

(please ask the server for flavors of the day)

Choice from our Dessert Buffet 3.500