

FEED THE BODY NOURISH THE SOUL

Our SuperFoods menu features revitalizing dishes made from healthy ingredients rich in nutrients and antioxidants and taste delicious so you can feel energized and at your best all day.

EDAMAME

Pods with seasalt and toasted sesame seeds 6.00

SPINACH, ASIAGO AND ARTICHOKE DIP

With fresh tortilla chips 7.00

CARIBBEAN JERK CHICKEN WINGS

Dusted with jerk seasonings
with spicy dipping sauce 8.00

HOUSE-MADE HUMMUS

Toasted pine nuts, olive tapenade,
broiled tomato salad and flatbread 7.50

POTATO SKINS

Crispy skins filled with cheddar cheese,
bacon and green onions served with sour cream
and ranch dressing 7.50

TRIO OF SLIDERS*

Angus beef with swiss cheese
Chicken breast with cheddar and bacon
BBQ pork with creamy slaw 9.00

TURKEY COCKTAIL REUBENS

Shaved smoked turkey, coleslaw, swiss cheese,
thousand island dressing on mini rye bread 7.50

*Cooked to order

*Consuming raw or undercooked meats, seafood, shellfish or eggs
may increase your risk of foodborne illness.

 SuperFoodsRx

"These nutritional powerhouse foods can help extend your health span
- the extent of time you have to be healthy, vigorous and vital."

Dr. Steven Pratt, author of *SuperFoods Rx: Fourteen Foods
That Will Change Your Life*

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